

MHBG Planning Council
Additional Questions from FY2020 Grant Period

Recovery Oriented Cognitive Therapy (CT-R) Training

- **Does the term “Community Support Workers” include “Peer Support Workers?”**
 - The trainers did not ask for that clarification. Peer Support Workers were certainly welcome to register and attend and have attended past sessions. If there is available funding, we hope to have a training provided specifically for Peer Support Staff (if there is interest).
- **Were Peer Support Workers invited? If not, why?**
 - Yes, they were invited. These trainings are open to everyone and having people with lived experience attend enriches the entire training experience for everyone.
- **Were the trainings recorded? If so, can a link to the recording be shared?**
 - Yes, they were recorded.
 - Link: **Vermont Pathways CT-R Workshop Series 2021 - YouTube**

DBT Learning Collaborative

- **The outcome for #1 and #3 do not specify how many meetings were held. Please clarify.**
 - All meetings (14 total) met the grant’s goals:
 - 7 meetings with DMH staff
 - 3 meetings with the full DBT trainers group
 - 4 meetings with individual DBT trainers
- **The last column for #5 and #6 refers to “of attendee respondents.” Please provide detail about what percentage of the participants responded.**
 - DBT Learning Collaborative has 20-25 attendees on average. Of those, 18 people responded to a survey about the usefulness/positive impact of the learning community.
 - 18 responses and 100% reported it being helpful and useful.
 - DBT one-day trainings – 86 participants in total, 60 completed the evaluation.
 - Session one: 22 of the 33 attendees completed the evaluation with 95% strongly agreeing or agreeing that the training was helpful to their work.
 - Session two: 38 of the 53 attendees completed the evaluation with 96% strongly agreeing or agreeing that the training was helpful to their work.

Six Core Strategies – Kevin Huckshorn & Associates

- **How do you intend to monitor the accountability of the training (effectiveness and sustainability)?**
 - Excellent question and am glad it is being asked.
 - For the next grant, there will be a pre-training questionnaire to establish a baseline understanding of attendees comfort/familiarity with GCS along with other questions that will be developed.

- At 2 months post-training, another questionnaire will be issued to determine the effectiveness of the training and what skills/tools are being utilized and what additional support may be needed.
- At 5-6 months post-training, a third questionnaire will be administered to continue to monitor how the training has impacted the work of staff.
- **What is the plan to ensure all of the applicable Designated Hospitals get the training?**
 - Currently, this cannot be answered but is another excellent question. With the new 6CS grant, there should be a team devoted to reviewing and planning for statewide implementation efforts and strategies.

Goal #5: Emergency Services

- **Are these discrete individuals or total interactions? Members would like to see the total number of interactions in addition to total individuals.**
 - It is the unduplicated number of clients with a primary program of service of Emergency Services.

Goal #6: Housing Infrastructure Funds

- **SharePoint: Why is CMC receiving funding for SharePoint, but other agencies are not?**
 - Clara Martin maintains the system that collects all DA and SSA housing fund outcome data. This has produced the Act 79 reports to the legislature.

Goal #8 and #9: Vermont Psychiatric Survivors (VPS) - Operating Expenses and Peer-operated Initiatives

- **Members requested the previous year/two of this report.**
 - DMH following up at present.

Goal #10: 10% Set Aside for First Episode Psychosis – CSAC

- **Members expressed concern with outcomes/measures being late and encouraged DMH to seek bidders in the future who can return data on time.**
 - DMH: outcomes will be shared with the committee when they are available. DMH will loop back on why these outcomes/measures are late and if there is a timeline for submission.

Goal #12: Suicide Prevention—Center for Health and Learning

- **2021 Suicide Prevention Symposium recorded access**
 - To access the 2021 Vermont Suicide Prevention Symposium, register and create a personal login here: [*2021 Vermont Suicide Prevention Symposium login*](#)

CBT for Anxiety in Children/Youth (Coping Cat)

- **There were 78 attendees. What was the target at grant application?**
 - 80 attendees
- **How many (and which agencies) were they intending to train as part of the grant application, and did they do that?**

- The training was intended to train up to 80 clinical providers in Vermont. The training was available to DA/SSA and DMH staff.

LGBTQ+ Youth Population - MH Provider Training

- **What were the initial targets for number of people trained?**
 - It doesn't appear that we set targets for # to be trained. It had been very popular the first round, so requested funds for another round of training. In my opinion, those numbers were excellent given the timing in the midst of a pandemic and pressures on schools, DAs, hospitals, etc.
- **Can Outright VT list the DAs that sent attendees?**
 - All DA/SSAs had staff attend.
- **Were there any measurements of the attendees' satisfaction/feedback on the session?**
 - DMH did not collect this from Outright VT.